

May 23, 2018

### 2018 Impairment Guidelines for Determining Schedule Loss of Use (SLU)

#### **Course Objectives**

This training will help you apply the 2018 New York State Workers' Compensation Impairment Guidelines for Determining Schedule Loss of Use ("2018 Guidelines") to:

- Assess residual permanent physical and functional impairments for a worker with schedule, permanent-partial disability (PPD)
- Learn the history including changes from the 2012/1996 Guidelines

### **Course Objectives (continued)**

- Describe the physician's role in the medical evaluation of permanent physical and functional impairment
- Learn and apply key terms, principles and approach to performing an SLU determination
- Perform a medical impairment evaluation using the Guidelines' objective criteria

## History



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- Board issued Medical Guidelines for the evaluation of permanent impairment for schedule and non-schedule injuries
- These were in effect through 2011



- Board issued 2012 Medical Impairment and Loss of Wage Earning Capacity Guidelines (2012 Guidelines)
- Chapters 2-8, Schedule Loss of Use Awards, were taken directly from the 1996 Guidelines
- Chapters 9-17 included new guidelines for evaluating nonschedule PPD

### History

- 2017 legislation directed the Board to adopt revised guidelines for the evaluation of injuries amenable to a schedule loss
- Revisions were to be "reflective of advances in modern medicine that enhance healing and result in better outcomes"
- Revised SLU Guidelines took effect January 1, 2018



- Replaced Chapter 1 (Introduction)
- Replaced Chapters 2-8 from the 2012 Guidelines (SLU determination)
- Chapters 9-17 from the 2012 Guidelines (Evaluation of Non-Schedule PPD) remain in effect, unchanged

## Legal Framework



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#### Legal Framework

- NYS medical providers must be Board authorized to treat and/or perform IMEs
- Permanency evaluations performed outside of NYS must comport with these Guidelines
- Revised Board forms\* must be used to document SLU

\*Forms will be discussed later in the presentation

#### Legal Framework

- When the first medical evaluation of SLU is performed before 1/1/18, the Board will determine the worker's degree of permanent disability using the 2012 Guidelines
- If the first SLU evaluation occurs on or after 1/1/18, the SLU will be determined using the 2018 Guidelines

## Organization



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#### Chapters (2018)

| Chapter 1 | Introduction                          |
|-----------|---------------------------------------|
| Chapter 2 | Upper Extremities – Thumb and Fingers |
| Chapter 3 | Upper Extremities – Hand and Wrist    |
| Chapter 4 | Upper Extremities – Elbow             |
| Chapter 5 | Upper Extremities – Shoulder          |
| Chapter 6 | Hip and Femur                         |

#### **Chapters**

| Chapter 7   | Knee and Tibia  |
|-------------|---|
| Chapter 8   | Lower Extremities – Ankle and Foot  |
| Chapter 9   | Lower Extremities – Great and Lesser Toes   |
| *Chapter 10 | Central Nervous System Conditions, Peripheral Nerve Injuries and<br>Entrapment Compression Neuropathies |
| *Chapter 11 | Visual System/Auditory System, Facial Scars and Disfigurement   |

\* The approach to SLU evaluations for the conditions covered in these two chapters is unchanged from the 2012 Guidelines.

# Chapter 1: **Key Concepts** and Terms



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#### Impairment vs. Disability

- Impairment is a purely medical determination made by a medical professional
- Defined as any anatomic or functional abnormality or loss
- Requires a complete medical examination and accurate objective assessment
- Considered *permanent* when MMI has been reached and there is a remaining impairment

#### Impairment vs. Disability

- Disability is a legal determination that reflects the impact of a workplace injury on the worker's ability to work
- A Workers' Compensation Law Judge establishes a level of disability based on available medical evidence and other relevant information

#### **Maximum Medical Improvement (MMI)**

An assessed condition of a worker based on a medical judgement that the

- Worker has recovered from the work injury to the greatest extent that is expected, and
- No further improvement in his/her condition is reasonably expected

### Maximum Medical Improvement (MMI)

- The need for palliative or symptomatic treatment does not preclude a finding of MMI
- In cases that do not involve surgery or fractures, MMI cannot be determined prior to 6 months from the date of injury or disablement, unless otherwise agreed to by the parties

### SLU Chapters 2-9



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#### **Chapters 2-9: Contents**

- Objectives for Determining Impairment
- Methods Available to Assess Permanent Impairment
- Normal Range of Motion (ROM) for the Relevant Joint(s)
- Calculating Loss of Use
- Special Considerations
- Amputation

### **Objectives For Determining Impairment**

- To accurately assess the permanent residual physical deficit resulting from the work injury
- Assessment should be based on objective findings determined by the history, examination and results of any appropriate diagnostic testing

### Methods Available To Assess Permanent Impairment

- The determination of the degree of permanent residual physical deficit should be performed at MMI
- When evaluating the level of permanent residual physical deficit, the contralateral side should considered for comparison for expected/normal values (when appropriate)

### Methods Available To Assess Permanent Impairment

The severity of the permanent impairment is not based on the mechanism of injury

It reflects the permanent residual physical deficit at MMI and may include physical damage to bone, muscles, cartilage, tendons, nerves, blood vessels and other tissues

The duration of time from injury to MMI varies but in most cases is one year from the injury or last surgery

# The Physician's Role



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#### The Physician's Role

- Provide the Board and all involved parties with the best professional medical opinion regarding a worker's SLU impairment
- Utilize the detailed criteria in the Guidelines to determine the severity of the impairment
- Look only to the objective findings of the physical examination and data contained in the patient's medical record

### **Preparing A Report**

- Identify affected body part(s), including Chapter numbers(s) from the 2018 Guidelines and review applicable Guideline sections
- Review relevant medical records
- Perform thorough history and physical examination

#### Preparing A Report (continued)

- Report the work-related diagnosis(es) and examination findings including specific references to relevant history, exam and test results
- Follow the recommendations in the Guidelines to establish impairment level

#### **ROM Examination Criteria**

- Generally a goniometer should be used to measure active range of motion (ROM)
- To measure the maximum active ROM, three repeat measurements should be taken
- Deficits should be measured by comparing to the baseline reading of the contralateral member, if appropriate

#### **ROM Examination Criteria**

- Using the contralateral side is not appropriate where the opposite side has been previously injured or is not otherwise available for comparison
- When the contralateral side is not available for comparison, the designated normal ROM contained in the 2018 Guidelines should be used



#### **History**

A provider documents that an injured worker can only achieve 150° of flexion in the healthy unaffected right shoulder due to body habitus.

The Guidelines state anterior flexion in a normal shoulder is 180°.



In determining the SLU for the injured left shoulder, the starting point would be:

A. 150°

B. 180°

C. Neither



#### Answer

In determining the SLU for the injured

left shoulder, the starting point would be:

A. 150°

- B. 180°
- C. Neither



When evaluating the level of a permanent residual ROM deficit, the provider should compare the ROM to the contralateral unaffected side. When appropriate, the contralateral value should be the norm used to calculate the SLU percent

Ref. Section [1.3(3)(b)]- Role of the Examining Physician and Methods Available to Assess Permanent Impairment





An injured worker's right shoulder was normal prior to a work injury

- The unaffected left shoulder has a forward flexion of 140° due to body habitus
- According to the Guidelines, normal shoulder forward flexion is 180°

The right injured shoulder attains forward flexion of 45°

#### Question

What is the right shoulder SLU?

- A. 60%
- B. 78%
- C. 47%



#### Answer

What is the right shoulder SLU?

- A. 60%
- B. 78%
- **C. 47%**



Flexion of the unaffected shoulder (140°) becomes the baseline and is used to calculate the shoulder SLU

 $140^{\circ} / 180^{\circ}$  (normal) x 100 = 78% (ratio of contralateral ROM to normal)



What is the right shoulder SLU?

- A. 60%
- B. 78%
- **C.** 47%

#### Table 5.4 (a) Shoulder, Percent Loss of Use of Shoulder

| ROM   | Mild             | Moderate        | Marked          | Ankylosis   |
|---|------------------|-----------------|-----------------|---|
| Flexion/Abduction<br>ROM: 0-180°<br>(use greater deficit) | 20%<br>ROM: 135% | 40%<br>ROM: 90° | 60%<br>ROM: 45° | Ankylosis at the<br>scapulo-humeral<br>joint at 0 degrees<br>equals 80% loss of |
| (use greater dencit)                                      | KOM. 13576       | ICOM: 90        | 100M. 43        | use of the arm  |



#### Answer

What is the right shoulder SLU?

- A. 60%
- B. 78%
- **C.** 47%

C

Worker's baseline shoulder ROM represents approximately 78% of the normal ROM

The worker's SLU = 60% from Table 5.4(a) (if the worker had normal ROM) x 78% = 47% SLU based upon worker's contralateral baseline ROM

\*Section [1.3(3)(b)]- Role of the Examining Physician and Methods Available to Assess Permanent Impairment in the introduction to each chapter

# Maximum ROM Deficits



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#### **Maximum ROM Deficits**

- For all SLU determinations based on ROM, the total SLU value for several ROM deficits cannot exceed the value of full ankylosis of the joint
- In addition, when there are multiple ankylosed joints, the sum of the value of the SLU of a major member cannot exceed the value of an amputation of that member
- Exception: Digits may exceed these values due to loading\*

\*See Chapter 2: Thumb and Fingers

#### **Overview: Clearly Defined ROM Values**

- There are written instructions and visual aids to properly measure all ROM deficits for each identified joint discussed in a Chapter
- Example: Chapter 5, Section 5.3 provides specific instructions and values for measuring shoulder flexion and extension ROM

## Chapter 5 Figure 5.3(1)

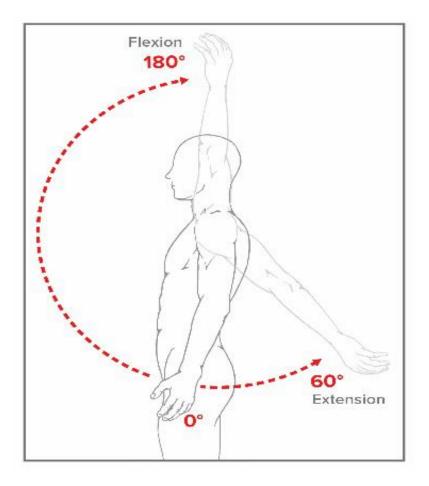


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#### Shoulder Flexion and Extension Figure 5.3(1)

#### Shoulder motions include:

- 1. Flexion (forward elevation) ROM that is in the sagittal plane rotating about an axis of an imaginary line through the glenoid fossae with the arm moving in front of and above the body. The normal range of motion is to 180 degrees
- 2. Extension ROM that is in the sagittal plane rotating about an axis of an imaginary line through the glenoid fossae with the arm moving behind the body to 60 degrees



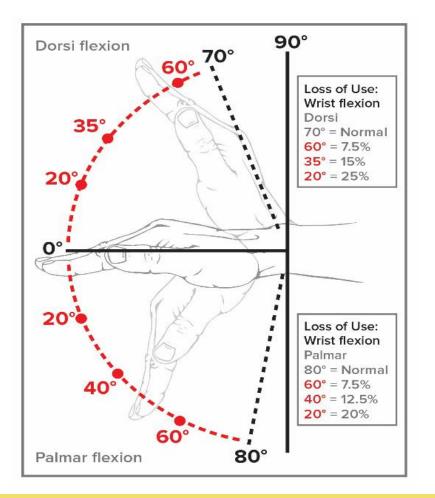
# **Overview: Specific ROM Values and Mild, Moderate and Marked Defects**

- Diagrams and tables clearly identify the specific ROM values that correlate with mild, moderate and marked defects (percent loss of use)
- Example: Chapter 3, Section 3.3 Wrist Dorsi and Palmar Flexion ROM values and associated defect (loss of use of the hand)

### Chapter 3 Figure 3.3(a) Table 3.4



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#### **Table 3.4: Wrist ROM and Corresponding Defects**

|    | ROM                               | Mild                | Moderate             | Marked              | Ankylosis   |
|----|-----------------------------------|---------------------|----------------------|---------------------|---|
| A  | Palmer Flexion<br>ROM 0-80°       | 7½%<br>ROM 60°      | 12½%<br>ROM 40°      | 20%<br>ROM 20°      | Position of<br>function (mild<br>dorsi flexion):<br>60% loss of the<br>hand   |
| В  | Dorsi Flexion<br>ROM 0-70°        | 7½%<br>ROM 60°      | 15%<br>ROM 35°       | 25%<br>ROM 20°      | In any other<br>position (palmer,<br>marked dorsi<br>flexion or lateral<br>deviation) 70 –<br>90% loss of the<br>hand |
| C* | Pronation/Supination<br>ROM 0-90° | 7½ - 10%<br>ROM 75° | 17½ - 20%<br>ROM 45° | 25 – 30%<br>ROM 25° |   |

#### **Overview: Loading**

- 2018 Guidelines contain a step by step explanation to bring consistency to the application of loading criteria (Section 2.6)
- Loading involving fingers has been increased by 20% to address the increasing reliance on hand and finger function in the computer age

#### **Overview: Special Considerations**

- Instructions have clarified whether a condition that falls under a special consideration is evaluated as a stand alone or as a value that is added
- Special considerations for meniscal and rotator cuff tears with or without surgery have been removed

#### **Overview: Joint Replacements**

- Advances in medicine have improved many joint replacement outcomes
- The 2018 Guidelines joint replacement SLU determinations include the assessment of clinical outcomes such as overall assessment grade, ROM, position, atrophy and complications

#### **Overview: Joint Replacements**

- A 35% SLU is associated with a good joint replacement outcome
- When deficits exceed those described in Row A (Good Outcome), the value for any additional deficits are added to the base of 35% to calculate the total schedule loss of use award
- For additional deficits, add the value that most closely matches the deficit in the relevant column





A worker is S/P hip replacement surgery. At MMI, the following clinical findings are noted:

- ROM more limited in flexion to 45°
- Leg length discrepancy of 0.8 inches
- Mal-rotation present at 20°



#### Question

The SLU determination for this worker is:

- A. 35%
- B. 55%
- C. 45%



#### Answer

The SLU determination for this worker is:

- A. 35%
- **B. 55%**
- C. 45%

The value of a hip replacement starts at 35% Add 10% for flexion deficit (45°) Add 10% for mal-rotation (20°)

Total SLU = 35 + 10 + 10 = 55%



#### **Excerpt Table 6.5 Hip Replacement**

| Fair (B) | 45°<br>(add up to 10%) | Leg length<br>discrepancy of<br>≤0.75 inches<br>and/or 10-15<br>degrees rotation<br>(add up to 5%) |
|----------|------------------------|--|
| Poor (C) | <u>&lt;</u> 25°        | Leg length<br>discrepancy <u>&gt;</u> 1<br>inches and/or<br>> 15-degrees<br>rotation               |
|          | (add up to 35%)        | (add up to 10%)  |

#### **Overview: Other Considerations**

- When a percent loss of use is expressed as a range, the lower value is used when there is a deficit in only one ROM in a joint
- When two corresponding ROM values are affected (i.e., flexion/extension), the higher percent is used

#### **Overview: Other Considerations**

**Example:** Table 2.5(B) from Chapter 2, lists a percent range for the MCP joint

In the moderate category, if only flexion were affected, the percent would be 30%; if flexion and extension were affected, the percent would be 40%

#### Table 2.5(B) Percent Loss of Use of Finger

|            | ROM                 | Mild              | Moderate          | Marked            | Ankylosis   |
|------------|---------------------|-------------------|-------------------|-------------------|---|
| <b>A</b> * | DIP<br>(ROM 0-90°)  | 10-15%<br>ROM 75° | 20-25%<br>ROM 45° | 40-45%<br>ROM 25° | Ankylosis of the<br>DIP joint (loss   |
| B*         | PIP                 | 15-20%            | 25-30%            | 45-50%            | of active<br>flexion) is a<br>50% loss of use<br>of the finger.<br>Ankylosis of<br>multiple joints<br>cannot exceed<br>100% |
|            | (ROM 0-100°)<br>MCP | ROM 75°<br>20-25% | ROM 45°<br>30-40% | ROM 25°<br>50-90% |   |
| <b>C</b> * | (ROM 0-90°)         | ROM 75°           | ROM 45°           | ROM 25°           |   |

\*Use lower figure for one deficit and higher figure when both are affected

#### **Overview: Other Considerations**

In the shoulder, if there is documentation of a deficit in both flexion (forward elevation) and abduction, the greater of the two deficits must be used, not both (Table 5.4(a))\*

\*Case Study #1

# Applying the 2018 Guidelines



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#### Applying the 2018 Guidelines: Special Considerations

- First, determine whether a condition triggers a Special Consideration
- If so, perform the SLU determination consistent with the requirements noted in the relevant Special Consideration section

#### Applying the 2018 Guidelines: Special Considerations

If the condition is not addressed as a Special Consideration, the SLU evaluation should conform to the Guidelines' general criteria for a body part

- ROM values for affected joints should be documented utilizing Guideline instructions
- Once ROM value(s) have been determined, instructions in the appropriate Sections/Tables of the Guideline should be used to calculate the percent SLU
- Three repeat measurements of active ROM should be performed using a goniometer

- Record all three measurements in the narrative report
- The highest of the three measured values should be used in the SLU determination
- If a measurement other than the highest ROM is used, the physician should explain in detail why the highest ROM was not appropriate

- As a baseline, ROM values for the unaffected contralateral joint, if appropriate, should be documented
- The contralateral side may not be appropriate when there has been a prior injury or is otherwise not available for comparison (example: body habitus, amputation)
- If the contralateral side is not appropriate, an explanation should be provided

- Designated normal ROM values should be used when the contralateral healthy body part side is not available as a result of a general or pre-existing (unrelated) inability to achieve full ROM
- Generally, ROM defects correspond to SLU percentages as follows: 25% loss=mild; 50%=moderate and 75%=marked

# Case Study #1

#### History

- 53 y/o man with a work-related injury to the right shoulder, S/P right rotator cuff repair
- Lifted a 40 lb. box to shoulder height and felt a sudden "pop" with pain and weakness in his right arm
- Surgery was a year ago
- At MMI and working

Prior to surgery, he had full ROM in both shoulders

### **Physical Examination**

Right shoulder:

Incision: well healed

No atrophy

ROM

- Forward flexion = 0-90°
- Abduction = 0-100°
- ER and IR = mild defects

Left shoulder  $\rightarrow$  Full ROM

### **Calculating the Shoulder SLU**

- The contralateral shoulder has full ROM, so forward flexion and abduction = 180°
- The Guideline tables can be used as the baseline without the need for contralateral modification

# Table 5.4(a): Percent Loss of Use of Shoulder

| ROM                              | Mild      | Moderate | Marked   | Ankylosis   |
|----------------------------------|-----------|----------|----------|---|
| Flexion/Abduction<br>ROM: 0-180° | 20%       | 40%      | 60%      | Ankylosis at the<br>scapulo-humeral<br>joint at 0 degrees |
| (use greater deficit)            | ROM: 135% | ROM: 90° | ROM: 45° | equals 80% loss of use of the arm                         |

#### Table 5.4(a): Notes

- If a deficit of both flexion (forward elevation) and abduction are documented, the greater of the two deficits must be utilized, not both. If the deficit in both ranges of motion are moderate or higher, and the measures are within 10° of each other, up to 10% may be added to the overall schedule loss of use, not to exceed ankylosis
- Do not add mild deficits of internal and external rotation to avoid cumulative values. May add 10-15% for marked deficits of rotation and muscle atrophy, not to exceed ankylosis

### **Calculating the Shoulder SLU**

- The flexion deficit (90°) is greater than the abduction deficit (100°) and falls into a moderate category of 40%
- Deficits in both ROMs (Flexion and Abduction) are in the moderate categories and within 10° of each other, so up to 10% may be added

#### **Calculating the Shoulder SLU**

- Mild deficits of IR and ER are not added
- There is no longer a Special Consideration for Rotator Cuff Tears

Total SLU = 40% + 10% = 50%

# Case Study #2

#### History

- 59 y/o woman
- S/P Right Total Knee Replacement
- Surgery over a year ago
- At MMI
- Returned to full duty as a bus driver without restrictions

### **Physical Examination**

Right knee:

Incision: healed

ROM

■ Flexion = 125° (near full)

Full Extension: 0°

No Varus/Valgus instability

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No atrophy \rightarrow (R \rightarrow 44.5 cm; L \rightarrow 44cm)
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### Table 7.5: Full or Partial Knee Replacement SLU

| Clinical Findings following Full or Partial Knee Arthoplasty/Replacement and Corresponding SLU<br>Ratings of the Leg |  |  |   |  |            |  |  |  |  |  |  |
|--|--|--|---|--|------------|--|--|--|--|--|--|
| Overall<br>Assessment<br>Grade   | ROM:<br>• Flexion (F) or<br>Extension (E)<br>Use whichever<br>deficit is greater | <ul> <li>Position: Measured by</li> <li>Alignment (Varus or valgus deformity), or</li> <li>stability (medical/lateral (ML) laxity) or</li> <li>Anteroposterior (AP) motion</li> <li>Leg Length (LL)</li> <li>Use whichever deficit is greater</li> </ul> | Atrophy (measured<br>at mid-thigh<br>compared to the<br>contralateral side) | Chronic complications<br>requiring ongoing<br>treatment e.g. chronic<br>infection(s), revision,<br>recurrent dislocation | SLU of leg |  |  |  |  |  |  |
| Good (A)   | F: > 105°<br>E: < 10°  | <ul> <li>Malalignment &lt; 10°</li> <li>ML laxity &lt; 10°, or</li> <li>AP: &lt; 5mm</li> <li>LL &lt; 0.5-inch shortening</li> </ul>   | < 1 inch  | N/A  | 35%        |  |  |  |  |  |  |

### **Calculating the TKR SLU**

- Utilizing the clinical indicators in Table 7.5
- ROM: Flexion  $\geq$  105° (125° in this case);

Extension <  $10^{\circ}$  ( $0^{\circ}$  in this case)

- No laxity
- No atrophy < I inch or < 2.5 cm (in this case .05 cm difference)

No complications

TKR Outcome Good = 35% SLU

## **Revised Forms**



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### Form Changes: Treating and IME

#### Doctor's Report

- Revised Doctor's Report of MMI/Permanent Impairment (Form C-4.3)
- Two new attachments (Forms C-4.3A and C-4.3B)

#### IME Report

- Revised Form IME-4 Cover Sheet for Report of Independent Medical Examination (IME) Scheduled Loss of Use
- Two new attachments Report of IME for SLU (Form IME-4.3A) and Non-Scheduled Disability (Form IME-4.3B)

- C-4.3 form (pages 1-2) continues to be used for both Scheduled Loss of Use and Non-Scheduled Loss of Use with minimal revisions
- New attachments for documenting permanent partial disability
  - Attachment A for documenting Scheduled Loss of Use
  - Attachment B for Non-Scheduled Loss of Use

| A. Patie                                       | nt's In    | form | nation |       |   |        |            |          |                 |         |   |          |
|--|------------|------|--------|-------|---|--------|------------|----------|-----------------|---------|---|----------|
| 1. Name:                                       | Last       |      |        | First | M   | 11     | 2. Date of | Birth:   | <u> </u>        | 3. SSN: | - | -        |
| 4. Address (if changed from previous report) : |            |      |        |       |   |        |            |          |                 |         |   |          |
|  |            |      |        |       | Number and S                              | Street |            |          | City            | State   |   | Zip Code |
| 5. Home p                                      | hone #: (_ | )    |        |       | <mark>6. Date of injury/illness:</mark> _ | /_     | /          | 7. Patie | nt's Account #: |         |   |          |

| D. Maximum Medical Improvement   |
|--|
| 1. Has the patient reached Maximum Medical Improvement? 🔲 Yes 🔲 No 🛛 If yes, provide the date patient reached MMI:////////           |
| If No, describe why the patient has not reached MMI and the proposed treatment plan (attach additional documentation, if necessary). |
|  |
|  |
|  |
|  |
|  |
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|  |

#### E. Permanent Impairment

1. Is there permanent impairment? Yes No

2. List the body parts and conditions you treated the patient for related to the date of injury listed in Section A, Question 6. Please use this field to capture findings related to schedule loss of use for serious facial disfigurements and hearing.

Complete Permanent Partial Disability, Attachment A and/or Attachment B, as indicated based on the patient's condition. For a permanent partial impairment where schedule award (schedule loss of use) is appropriate, complete Attachment A, except for serious facial disfigurement, vision, or hearing loss.

- Hearing Loss:
  - Occupational Loss of Hearing: C-72.1 should be utilized
  - Traumatic Hearing Loss: C-4.3 with an attached narrative
- Vision Loss:
  - Attending Ophthalmologist's Report (Form C-5), or
  - C-4.3 with an attached narrative
- Serious Facial Disfigurement:
  - C-4.3 with an attached narrative

For a non-schedule award (classification), complete **Attachment B. Attachment A** and/or **Attachment B** must be completed for each body part and/or condition which you treated the patient for on the date of injury listed in Section A, Question 6

### Practitioner's Report C-4.3A (SLU)

#### Permanent Partial Disability - Attachment A Schedule Loss of Use of Member

If the patient has a permanent partial impairment, complete Attachment A for all body parts and conditions for which a schedule award is appropriate (schedule loss of use). You must complete this attachment for all body parts and conditions for which you treated the patient for the date of injury listed in Section A, Question 6. Attach additional sheets if needed.

#### **Practitioner's Report C-4.3A**

To capture information on SLU consistent with the new 2018 SLU Guidelines the following must be documented:

#### **Body Part**

Please include all the information in the bullet points below in the table on this page or attach a medical narrative with your report. The medical narrative should include the following information:

- Affected body part (include left or right side) and identify Guideline chapter and applicable table or chart
- Measured Active Range of Motion (ROM) (3 measurements for injured body part, and use the greatest ROM. If not, please explain why.
- Measurement of contralateral body part ROM, or explain why inapplicable
- Previously received scheduled losses of use to same body part(s), if known
- Special considerations
- Loading for Digits and Toes

#### **Practitioner's Report C-4.3A**

|   | Body Par | rt/Measurement | ent Body Part/Measurement Body Part/Measurement |       |      | Body Part/Measurement Body Part/Measurement |     |            |   | Body Part/Measurement |      |       |
|---|----------|----------------|---|-------|------|---|-----|------------|---|-----------------------|------|-------|
|   | 1        |                | 2   |       | 3    |   | 4   |            | 5 | ^                     | 6    |       |
|   | Left     | Right          | Left  | Right | Left | Right                                       | Lef | it 📃 Right |   | eft 📃 Right           | Left | Right |
| Range of Motion<br>(3 measures)                                   |          |                |   |       |      |   |     |            |   |                       |      |       |
| Contralateral ROM   |          |                |   |       |      |   |     |            |   |                       |      |       |
| Contralateral<br>Applicable Y/N<br>If No, please<br>explain below |          |                |   |       |      |   |     |            |   |                       |      |       |
| Special Considerations<br>(Chapter)                               |          |                |   |       |      |   |     |            |   |                       |      |       |
| Impairment %  |          |                |   |       |      |   |     |            |   |                       |      |       |
| Details:  |          |                |   |       |      |   |     |            | · |                       |      |       |
|   |          |                |   |       |      |   |     |            |   |                       |      |       |
|   |          |                |   |       |      |   |     |            |   |                       |      |       |

#### **Independent Medical Examination**

NEW YORK STATE Board PO Box 5205 Binghamton, NY 13902-5205

Customer Service Toll-Free Line: 877-632-4996 Statewide Fax Line: 877-533-0337 www.wcb.ny.gov

#### COVER SHEET FOR REPORT OF INDEPENDENT MEDICAL EXAMINATION

A copy of each report of Independent Medical Examination shall be submitted on the same day and in the same manner to the Workers' Compensation Board, the insurance carrier or self-insured employer, the claimant's attending physician or other attending independent examiner, the claimant's representative, if any, and the claimant.

CHECK ONE: PHYSICIAN PODIATRIST CHIROPRACTOR PSYCHOLOGIST

THIS EXAMINATION WAS REQUESTED BY: CARRIER/EMPLOYER CLAIMANT

| WCB Case                 | No.           | Carrier Case No. (If Known) | Date of Injury/Illness  |  | Injured Per<br>Social Secur |                 | Date of Examination |  |  |
|--------------------------|---------------|-----------------------------|-------------------------|--|-----------------------------|-----------------|---------------------|--|--|
|                          |               |                             |                         |  |                             |                 |                     |  |  |
|                          | FIRST NAME    | E MIDDLE INITIAL            | LAST NAME               | ADDRESS (Include Apt. No.)                     |                             |                 |                     |  |  |
|                          |               |                             |                         |  |                             |                 |                     |  |  |
| Injured Person           |               |                             |                         |  |                             |                 |                     |  |  |
| Insurance Carrier/       |               |                             |                         |  |                             |                 |                     |  |  |
| Self-Insured<br>Employer |               |                             |                         |  |                             |                 |                     |  |  |
|                          |               |                             |                         |  |                             |                 |                     |  |  |
|                          |               |                             |                         |  |                             |                 |                     |  |  |
| Independent              | Authorization | No.                         |                         | Date o   | f Report of Independ        | lent Medical Ex | amination           |  |  |
| Examiner                 |               |                             |                         |  |                             |                 |                     |  |  |
|                          | Start Time of | Patient Examination         | End Time of Patient Exa | Examination Total Time Spent Reviewing Records |                             |                 |                     |  |  |
|                          |               |                             |                         |  |                             |                 |                     |  |  |

IME 4

### Independent Medical Examination IME 4 Cover Sheet

#### Attach Report of Independent Medical Examination

Report of Independent Medical Examination must include this cover sheet and a narrative report that includes the components listed below. If the examination concludes Schedule Loss of Use and/or Non-Schedule Permanent Partial Disability please include the IME-4.3A and/or IME-4.3B with the cover sheet and your medical narrative.

- A description of the examination;
- · A list of all documents or information reviewed by the IME evaluator;
- · The examiner's professional opinion; and
- A signed and dated certification at the end of the report of the independent medical examination as follows:
  - I hereby certify that this report is a full and truthful representation of my professional opinion with respect to the claimant's
    condition; that no person or entity has caused, directed or encouraged me to submit a report that differs substantially from
    my professional opinion; and I have reviewed the report and attest to its accuracy.
  - The signature and date must be below the required certification.

Any questionnaire or intake sheets completed by the claimant either before arriving or after arriving for the independent medical examination must be attached to this cover sheet with the report.

### Independent Medical Examination IME-4.3A SLU

IME 4.3A mirrors changes in C-4.3A

#### ATTACHMENT FOR REPORT OF INDEPENDENT MEDICAL EXAMINATION SCHEDULED LOSS OF USE

Please utilize this form as an attachment to the IME report, where there is an injury to a scheduled body part. These attachments will be considered part of the IME report, and must be served together with the IME-4.

| Claimant's Name (LAST, FIRST, MI): |  |  |  |  |  |  |  |  |  |
|------------------------------------|--|--|--|--|--|--|--|--|--|
| Social Security No.:               |  |  |  |  |  |  |  |  |  |
| WCB Case No.:                      |  |  |  |  |  |  |  |  |  |
| Date of Injury/Illness:            |  |  |  |  |  |  |  |  |  |
| Date of Examination:               |  |  |  |  |  |  |  |  |  |

#### A. Permanent Partial Disability

If the claimant has a permanent partial impairment, **complete A1** for all body parts and conditions for which a schedule award is appropriate (schedule loss of use). Use Form IME-4.3B for all body parts and conditions for which a non-schedule award (classification) is appropriate.

#### A1. Schedule Loss of Use of Member:

#### **Body Part**

Please include all the information in the bullet points below in the table on this page or attach a medical narrative with your report. The medical narrative should include the following information:

- Affected body part (include left or right side) and identify Guideline chapter and applicable table or chart
- Measured Active Range of Motion (ROM) (3 measurements for injured body part, and use the greatest ROM. If not, please explain why.
- Measurement of contralateral body part ROM, or explain why inapplicable
- Previously received scheduled losses of use to same body part(s), if known
- Special considerations
- Loading for Digits and Toes

#### Independent Medical Examination IME-4.3A SLU

|   | Body Part | /Measurement | Body Pa | rt/Measurement | Body Par | /Measurement | Body P | art/Measurement | Body Pa | rt/Measurement | Body Part/Measurement |       |  |
|---|-----------|--------------|---------|----------------|----------|--------------|--------|-----------------|---------|----------------|-----------------------|-------|--|
|   | 1         |              | 2       |                | 3        |              | 4      |                 | 5       | ^              | 6                     |       |  |
|   | Left      | Right        | Left    | Right          | Left     | Right        | Left   | Right           | Left    | Right          | Left                  | Right |  |
| Range of Motion<br>(3 measures)                                   |           |              |         |                |          |              |        |                 |         |                |                       |       |  |
| Contralateral ROM   |           |              |         |                |          |              |        |                 |         |                |                       |       |  |
| Contralateral<br>Applicable Y/N<br>If No, please<br>explain below |           |              |         |                |          |              |        |                 |         |                |                       |       |  |
| Special Considerations<br>(Chapter)                               |           |              |         |                |          |              |        |                 |         |                |                       |       |  |
| Impairment %  |           |              |         |                |          |              |        |                 |         |                |                       |       |  |
| Details:  |           |              |         |                |          |              |        |                 |         |                |                       |       |  |
|   |           |              |         |                |          |              |        |                 |         |                |                       |       |  |
|   |           |              |         |                |          |              |        |                 |         |                |                       |       |  |

#### Resources

- Workers' Compensation Guidelines for Determining Impairment at: wcb.ny.gov/2018-Impairment-Guidelines.pdf
- Subject Number 046-1011 at: wcb.ny.gov/content/main/SubjectNos/sn046\_1011.jsp

#### Contact

### Customer Service (877) 632-4996

Monday - Friday 8:30 AM to 4:30 PM Questions